

State of Pennsylvania Resources

The Arc of Pennsylvania

- A grassroots organization comprised of over 40 local chapters located throughout the state of Pennsylvania and representing over 14,000 members. A part of The Arc of the United States.
- Phone: 717-234-2621
- For a complete listing of all 41 chapters [click here](#)

Center for Independent Living of Central PA

- Phone: 717-731-1900
- Living Well Hotline: 1-877-865-4893

Department of Human Services

- Oversees Social Program issues in the Commonwealth. For a listing of forms and publications click on <http://www.dhs.pa.gov/publications/more/index.htm>

Lifesharing through Family Living

- “Lifesharing” means living in the private home of a person who provides support for one or two individuals with intellectual disabilities.

PA Association of Resources (PAR) for Autism and Intellectual Disabilities

- PAR is a statewide provider association representing services and supports for people with intellectual disabilities in Pennsylvania.
- Phone: 717-236-2374, Fax- 717-236-5625, Email-par@par.net.

PA Developmental Disabilities Council (PADDC)

PA Office of Developmental Programs

- Bureau of Supports for People with Intellectual Disabilities
- Bureau of Autism Services

PA Southeastern Region MH/ID Programs

- [Bucks County Dept of MH/ID](#)
1-800-499-7455 crisis hotline
- [Chester County MH/ID Program](#)
610-344-6265 or 1-800-692-1100 Ext. 6265
- [Delaware County Dept of Human Services](#)
610-713-2323
- [Montgomery County BH/DD](#) 610-278-3642
- [Philadelphia County BHS/ID](#)
215-685-6440

PA Regional Offices of Developmental Programs

- For a list of county MH/MR office locations and contact information visit: [MH/MR Program Administrators Association of Pennsylvania](#)

Special Olympics – Pennsylvania

- The mission of Special Olympics PA is to provide year-round sports training and competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy, and participate in a sharing of gifts, skills, and friendship with their families, other Special Olympics athletes, and the community.