



Vision for Equality

Serving People with Disabilities and Their Families

# Emotional Resilience for Caregivers: Navigating ASD Challenges

**This training will empower caregivers of children with Autism Spectrum Disorder (ASD) with practical strategies and tools to effectively manage their own emotions and responses during their child's outbursts and meltdowns.**

Presented by Jennie Hiro. Jennie is the Clinical Director and BCBA for ABA Centers of Pennsylvania. She earned her Master's in Applied Behavior Analysis with an emphasis in Autism. Jennie has been working with the special needs community for about 10 years, and specifically in ABA for the last 5.



**ABA CENTERS**

OF PENNSYLVANIA

*Proven Autism Care*

ABA Centers of Pennsylvania is dedicated to providing clients diagnosed with Autism Spectrum Disorder (ASD) individualized ABA therapy that can have a profound impact on their lives and the lives of their families.

**Wednesday, September 20th**

12:00pm-1:00pm

[shorturl.at/biVY2](https://shorturl.at/biVY2)



**Click Link Above or Scan QR Code to Register for the the Zoom Meeting**

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Reasonable accommodations as identified under the ADA must be requested 2 weeks in advance. Please contact [challegra@visionforequality.org](mailto:challegra@visionforequality.org).

The Trauma Informed Care Project for Philadelphia Families is a project of Vision for Equality and is funded through the city of Philadelphia DBHIDS.